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FLEETS PHOSPHOSODA BOWEL PREP

Your bowel preparation should be completed prior to the day of your scheduled surgery. The phosphosoda and Bisacodyl tablets needed for this prep may be purchased at any drugstore. You do not need a prescription order to buy them. You will need to purchase the following items for this prep:

- 3 oz of Phosphosoda
- 4 Bisacodyl tablets

Day before Procedure:

- Beginning in the morning: Clear liquids all day such as bouillon, fruit juice, plain Jell-O, etc.
- 2:00 PM: Drink 8 oz of clear liquids.
- 3:00 PM: Drink 1 ½ oz. Fleets Phosphosoda followed by 8oz. clear liquids, drink the Phosphosoda by pouring the contents (1 ½ oz.) into half a glass of cool water or any other clear cold liquid.
- 6:00 PM: Drink 1 ½ oz. of Phosphosoda followed by 8 oz. clear liquids.
- 7:00 PM: Drink 8 oz. of clear liquids.
- 8:00 PM: Drink 8 oz. of clear liquids.
- 9:00 PM: Drink 8 oz. of clear liquids.
- 10:00 PM: Take 4 Bisacodyl tablets with 8 oz. of water. Do not chew or dissolve tablets. Do **NOT** take Bisacodyl tablet within one hour of antacid.
- **Do not eat or drink after 12:00 AM (midnight).**

* Clear liquids may be any of the following: Water, citrus, apple, grape or cranberry juice, coffee or tea with no cream or milk. You may drink more than the diet states.